



#ThemToo

Victimization and Abuse of
People with Intellectual
Disabilities

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The Plan



- Introductions
- Learning Objectives
- Definitions
- Victimization and Abuse
- What Next?

Learning Objectives

- Participants will learn about the increased experiences of trauma, including abuse and victimization of people with intellectual disabilities.
- How might traumatic stress manifest in a person with ID and how might you approach sexual health or counselling with someone who may have been victimized?

Definitions



- Intellectual disability – Who are we talking about?
- Trauma – What are we talking about?

Victimization and Abuse

- The statistics
- Baladerian et al. (2013)
- 70% people with ID reported being victims of abuse (958/1364)
- 63% parents/family reported their loved one was a victim (1431/2249)

Types of abuse – Self advocates report

- Verbal/emotional 87.2%
- Physical 50.6%
- Sexual 41.6%
- Neglect 37.3%
- Financial 31.5%

Of Note

- 90% report repeated abuse
- 57% report greater than 20 occasions
- 46% report too frequent to count
- 62.7% did not report
- 52.9% nothing happened when reported

Trauma Symptoms



Group Activity

Some Practical Bits

- Diagnostic overshadowing
- Intake and early time together
- Information gathering
- Addressing traumatic stress
- Using caregivers/family members

Adaptations



- Simplification
- Language
- Activities
- Developmental level
- Structured sessions

Adaptations (cont.)

- Active/interactive techniques
- Flexible methods
- Involve caregivers
- Transference/countertransference
- Disability/rehabilitation approaches

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