



ASPSH

ALBERTA SOCIETY FOR THE
PROMOTION OF SEXUAL HEALTH

ANNUAL REPORT

For the Fiscal Year
February 1, 2022 -
January 31, 2023

TABLE OF CONTENTS:

Pg	1	Cover Page
Pg	2	Table of Contents
Pg	3	2023 AGM Agenda
Pg	4	2022 AGM Minutes
Pg	6	President's Report
Pg	7	Education Coordinator's Report
Pg	8	ASPSH Executive, Board of Directors and Staff
Pg	9	Kudos and Thank-You's, Supporters and Partners

Attachments:

- 2022-2023 Financial Statements
- New Board Member Bios

Annual General Meeting - Agenda

Wednesday, June 7, 2023, 5:30 pm - Virtually Via Zoom

Call to Order:

1.0 Approval of Agenda

2.0 Approval of Minutes from April 29, 2022 AGM

3.0 Reports - Chair/President's Report

3.1 Treasurer's Report - Financial Statements Attached

3.2 Education Coordinator's Report

4.0 Nominations to ASPSH Board of Directors

4.1 Nominations to the Board for 3 year terms:

Brooke Hanson - Edmonton, AB

Dana Lowry - Calgary, AB

Jessica Revington - Calgary, AB

Jocelyn Wentland, Kelowna, BC (SIECCAN Representative)

Nadia Birkill - Edmonton, AB

4.1 Board Members Re-elected for 1 year terms:

Heather Cobb -Calgary,AB,

Jenise Finlay - Calgary, AB

Dr. Jenny Rand - Wolfville, N.S.

Dr. Margaret Newbury Jones - Winnipeg, MB

Tracey Burnett - Camrose, AB

5.0 MOTION TO ADJOURN

Annual General Meeting - Minutes from April 29, 2022

Board Members Present: Heather Cobb, Shaniff Esmail, Tracey Burnett, Tammy Troute-Wood, Jenny Rand, Margaret Newbury-Jones, Edward Sandberg, Jenise Finlay, Emily Diaczun, Emily Dawson (Zoom)

Employee: Melanie Anderson

Guests: Brenda Kerber

Call to Order: Heather called meeting to order at 4:48

1. Approval of Agenda: Approval of agenda moved by Edward, seconded by Jenny, All in favour
2. Approval of Minutes from April 30, 2021: Approval of minutes moved by Shaniff, seconded by Jenny, all in favour
3. Reports

3.1. Chair/President's Report: 2021 was a year where we thought our world would open after a global pandemic, but it was not to be. Our organization continued to function in a virtual world. Workshops were well received in the beginning of 2021. ASPSH connected with BK Chan to offer a live webinar. We were able to stay on the map, we did not disappear, we hung in there. Thank you to Melanie and all board members for all that you do. We are all so busy and it is so appreciated. Thank you for all your hard work. Motion presented by Heather Cobb to accept the report as presented. All in Favour.

3.2. Treasurer's Report Financial statements are included alongside the Annual report and have been shared. Financials have been reviewed by board members Jenny Rand and Emily Diaczun. Due to special arrangements with AGLC due to the pandemic, we were able to use the casino account to pay 50% of the education coordinator salary for a part of the year. We are now covering the salary costs 100% with operating funds. We have our casino booked for June 10-11 and should anticipate our next casino cheque in the fall. On April 3, 2022 the financial records have been internally audited by Emily Diaczun and Jenny Rand. Heather was present to chair the meeting and Emily Dawson was present as treasurer. The 2021 CRA returns have been submitted and we are in good standing. Thank you to Emily Dawson for all the hard work. Heather made a motion to accept the financial statements as presented, all in favour.

3.3. Education report: Please see Education Coordinator's Report included in the Annual Report. Online workshops were popular for the first 8 months of 2021, but the last 4 months saw a decrease in interest and attendance. Unsure what the cause of this would be, Zoom fatigue? Conference planning has been consuming but has been exciting to be able to put together an in-person event.

4. Board Nominations

Eve Godin and Maddison Wright submitted their resignations to the board in January, thanks were given to both members for their contributions.

Tammy Troute-Wood has submitted her resignation but will continue to be available to support ASPSH as needed. Tammy was first elected to the ASPSH Board in 2016, thank you for all you have done to support ASPSH.

Edward Sandberg has submitted his resignation to the board. Heather presented Edward with a gift of thanks for his many years of dedication to ASPSH. Edward first joined ASPSH in 2010. Edward has agreed to continue to support the SAR events withing ASPSH.

Search for new board members will commence after the conference, with new members to be added coming months.

Current ASPSH Members Heather moved to re-elect all current board members for a 1 year term, Edward seconded the motion and all members voted in favour. Motion passed.

- a. Emily Dawson, Edmonton, AB
- b. Emily Diaczun, Calgary, AB
- c. Heather Cobb, Calgary, AB
- d. Jenise Finlay, Cagary, AB
- e. Dr Jenny Rand, Wolfville, N.S.
- f. Dr Margaret Newbury Jones, Winnipeg, Man
- g. Dr Shaniff Esmail – Edmonton, AB
- h. Tracey Burnett – Camrose, AB

The Board would like to express their appreciation to Heather in all the work she has done over the past year for ASPSH, forever grateful.

Meeting adjourned at 5:11pm MST

PRESIDENT'S REPORT

- submitted by HEATHER COBB

2022 was a year of firsts for ASPSH while learning more about what members value from our organization. The 14th Biennial Conference 'Synergies of Sexuality: Seeing the Whole Person' (postponed from 2020) was the first hybrid conference for us and was a success. Despite a few technical hiccups the format received very positive feedback as we hosted both in-person in Calgary and online. Many participants from across Canada enjoyed presentations from practitioners and academics reporting on innovative programs and developments in the field of sexual health and wellness. A sold-out Sexual Attitude Reassessment Training (SAR) was also held in-person a few days before the conference. A big thank you goes out to the Conference Committee for putting together an engaging and diverse program. It is worth noting that our committee is volunteer led and driven by enthusiasm to create an excellent experience for attendees.

In the fall of 2022 ASPSH hosted a webinar with Chevi Rabbit, a public Educator, artist and Cree Trans Woman from Alberta. Chevi connected with ASPSH members and guests online to discuss her advocacy challenges and triumphs.

ASPSH is well known for our online workshops that provide current, evidence-informed discussion to support professionals to de-stigmatize sexuality in their communities. We have offered over 200 online workshops to members and non-members to date. The topics continue to be varied and engaging and new workshops show the commitment to continue to connect and share. A new summer program was offered as another method of delivery allowing for even more flexibility for participants. Thank you once again to Melanie, our Education Coordinator, for continuing to foster and develop relationships with our facilitators and members to make the workshops a success.

ASPSH is governed and operated by a committed and vibrant volunteer group of directors who bring their knowledge, expertise, and professional passion to the Board of Directors. Without them our organization could not continue to promote inclusive and responsive sexual health and wellness programs. Thank you for your dedication and hard work as ASPSH continues to serve our communities.



Heather Cobb

President, Alberta Society for the Promotion of Sexual Health

EDUCATION COORDINATOR'S REPORT

- submitted by MELANIE ANDERSON

Our fiscal year 2022-2023 was another interesting year of changes for ASPSH. We held our first hybrid conference and we lost some Board members but acquired some new ones. Meanwhile the online workshops remained ASPSH's anchor program but the number of participants continued to reflect 'virtual/online fatigue' as our numbers lagged behind previous years. Over the course of the year we offered 17 online workshops with a total participation of 153, averaging about 9 participants per workshop. The positive news is that we are reaching people right across Canada. My very sincere and heartfelt thanks to all of the workshop facilitators and participants who continue to support our workshops.

We held our first hybrid conference on April 28 and 29, 2022. Thanks to our Vice President, Dr. Shaniff Esmail, and the UofA's Occupational Therapy program we were able to utilize classroom space at the University of Calgary's downtown campus for those who attended in-person. The opportunity for people, both presenters and attendees, to participate in the conference virtually was an added bonus and significantly increased our conference attendance numbers. Although we encountered some challenges behind the scenes with an unfamiliar technology, no-one seemed to notice and the evaluations bore out the positivity of a hybrid conference.

Our casino was held in June in Edmonton and our deep felt gratitude goes out to all the volunteers who came forward to help and especially Angel Sumka and her friends from ASPECC who provided us with so much support.

Unfortunately our pre-conference event with Chevi Rabbit was canceled and rescheduled for October. Due to unforeseen circumstances, Chevi was unable to attend the hybrid event in-person and instead it became a virtual event demonstrating once again the flexibility that technology can offer us.

Emily Diaczun left our Board in mid-term this past year and I would like to personally thank her for always responding to our call for help over the years. Special thanks to the current Board of Directors and most particularly President Heather Cobb. Heather is the hardest working, most dedicated President/Board member I have ever worked with (and I have been around for a very long time). She is the rudder that keeps the ASPSH ship afloat and I am so very grateful for her tireless leadership and professionalism.



Melanie Anderson,
Education Coordinator

2022-2023 ASPSH BOARD OF DIRECTORS

EXECUTIVE:

Heather Cobb - President, Calgary, Alberta

Dr. Shaniff Esmail - Vice President, Edmonton, Alberta

Emily Dawson - Treasurer, Edmonton, Alberta

Tracey Burnett - Secretary, Camrose, Alberta

DIRECTORS AT LARGE:

Dr. Jenny Rand, Wolfville, Nova Scotia

Dr. Margaret Newbury-Jones, Winnipeg, Manitoba

* Emiily Diaczun, Calgary, Alberta

Jenise Finlay, Calgary, Alberta

INTERIM DIRECTORS AT LARGE:

Dana Lowry, Calgary, Alberta

Erica Van Kuppeveld, Edmonton, Alberta

Jessica Revington, Calgary, Alberta

Jocelyn Wentland (SIECCAN), Kelowna, B.C.

* Resigned mid-term

STAFF - Education Coordinator

Melanie Anderson, Cochrane, Alberta

KUDOS and MANY THANKS

Thank-you to the ASPSH Board of Directors for their continued commitment to ensure professionals, parents, students and anyone interested in sexual health have access to current, comprehensive and non-judgemental sexual health information and services through our education program. Special thanks to the Executive Members of the Board - Heather, Shaniff, Tracey and Emily Dawson who provided steadfast leadership for our organization. Thank you to our Board Members who offered their support in so many important facets of our organization including the conference committee, SAR facilitators, social media committee and planning sessions. Thank you also to our Education Coordinator Melanie for her long-standing commitment to ASPSH.

We would also like to thank and acknowledge the invaluable contribution to ASPSH's success by a former Board member, Emily Diaczun, who stepped off the Board during the past year.

Sincere gratitude is extended to our membership, both Organization and Individual members who, through their memberships, ensure the continuation of our education programs. Special thanks to our online workshop facilitators and participants without whom we could not continue our programming. Much appreciation to all the presenters and attendees (both in-person and virtually) who attended our 2022 Conference. Thank you to all the Casino volunteers, many of whom came to support us at the last minute. And finally, a sincere thank you to the organizations and conference sponsors that contributed financially and in-kind to ASPSH. We sincerely appreciate your support.

SPONSORS, PARTNERS

Alberta Gaming, Liquor and Cannabis Commission

University of Alberta, Occupational Therapy

Alberta Health Services, Sexual and Reproductive Health, Calgary

SIECCAN (Sex Information and Education Council of Canada)

The Travelling Tickle Trunk - Brenda Kerber