



# Sexual Attitude Reassessment (SAR) Training: Checking our Sexual Bias

May 2 and 3, 2018 830 a.m. – 430 p.m. Edmonton, Alberta

Are you working in the Sexual Health Field but have never really examined your own values, attitudes, beliefs?

Are you an individual who is interested in challenging your understanding of sexuality?

Maybe you are new to the Sexual Health Field?

This 2-day workshop is for you!

Guided by specially trained facilitators SAR provides an opportunity to explore and understand your own beliefs, attitudes, values and biases within the realm of sex and sexuality. This self-exploration and self-understanding facilitates comfort that ultimately fosters improved communication skills, both on a professional and a personal level.

By becoming more aware of your perceptions, beliefs, and feelings you will become increasingly comfortable with the wide variation of existing sexual attitudes, behaviours, practices, and cultures. This comfort is necessary for any sexual health professional, and is also beneficial for individuals striving for personal growth and the development of healthy personal relationships.

To register and for more information visit [www.aspsh.ca](http://www.aspsh.ca) and follow the conference links

\$350 per person/\$250 student rate

Check out the website to add your SAR training to the 13<sup>th</sup> Biennial Western Canadian Conference May 4 and 5, 2018

***Diverse Approaches for Sexuality for Diverse Communities***