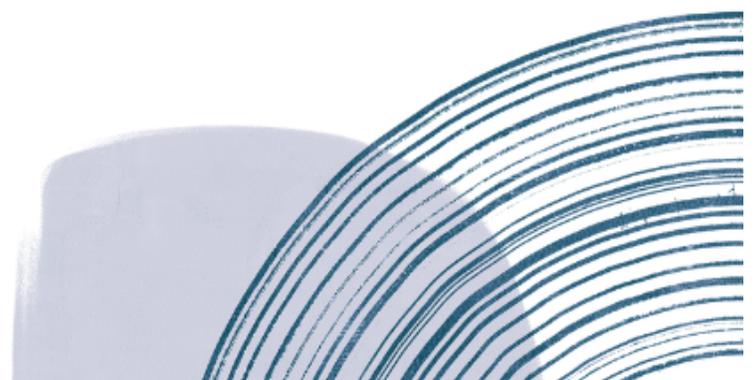


Alberta Society for the Promotion of Sexual Health

# ANNUAL REPORT

For the Fiscal Year February 1, 2021 - January 31, 2022



## **TABLE OF CONTENT**

Pg 2. Agenda for AGM - April 29, 2022

Pg 3. Minutes for AGM - May

Pg 5. Report from President - Heather Cobb

Pg 6. Report from Education Coordinator - Melanie Anderson

Pg 7. Kudos, Supporters/Partners

# Annual General Meeting - Agenda

Friday, April 29, 2022, 6:00 pm

University of Calgary - Downtown Campus and Virtually via Zoom

Call to Order:

1.0 Approval of Agenda

2.0 Approval of AGM Minutes from April 30, 2021

3.0 Reports - Chair/President's Report

3.1 Treasurer's Report - Financial Statements Attached

3.2 Education Coordinator's Report

4.0 Board Members Nominated for Re-Election for 1 year terms:

Emily Dawson - Edmonton, AB

Emily Diaczun - Calgary, AB

Heather Cobb - Calgary, AB,

Jenise Finlay - Calgary, AB

Dr. Jenny Rand - Wolfville, N.S.

Dr. Margaret Newbury Jones - Winnipeg, MB

Dr. Shaniff Esmail - Edmonton, AB

Tammy Troute-Wood - Calgary, AB

Tracey Burnett - Camrose, AB

# ANNUAL GENERAL MEETING - MINUTES

**April 30, 2021**

Board Members Present: Heather Cobb, Shaniff Esmail, Jenny Rand, Tracey Burnett, Tammy Troute-Wood, Edward Sandberg, Eve Godin, Emily Dawson, Margaret Newbury-Jones, Jenise Finlay, Emily Diaczun

Employee Present: Melanie Anderson

Guests Present: Mary Valentich, Madison Wright, Christine Sturgeon

Heather called the Zoom meeting to order at 5:07pm and proceeded to acknowledge the land upon which we gather.

Heather also took this opportunity to have each attendee introduce themselves to the group.

Items:

1. Approval of Agenda: Approval of agenda moved by Tracey, Seconded by Emily Dawson, all in favour
2. Approval of minutes from 2020 AGM April 28 ,2020: Approval of minutes moved by Shaniff, seconded by Edward, all in favour
3. Reports
  - Chair/President's Report: This past year has continued to be difficult with missing the conference and missing the personal connections that come with the conference. The conference was a very big part in bringing us together as a board and this has been difficult. There have been some very big successes with the virtual world we find ourselves in. Attendance in our online workshops have increased, with several reaching maximum registrations. Thank you to Melanie to putting together a great menu of options for our workshops! The two online webinars were a success with 65 attending the Andrew Gurza Webinar and 65 attending the Dr Lori Brotto Webinar. Both webinars had free attendance as the speaker's fees were paid for with Casino funds. Thank you to all volunteers and board members for the hard work, you keep us going!! Motion presented by Heather Cobb to accept the report as presented. All in favour
  - 3.1 Treasurer's Report: Please see Annual Financial Statements that were sent out April 23, 2021. Thank you to Jenise and Emily Diaczun who reviewed and approved our financial statements. Emily Dawson reported that we are in good standing with Revenue Canada. Our Balances as of

today are as follows: Casino Account \$31 773.21 and the General Account \$19 491.59 Motion made my Heather to accept the financial statements as presented, all in favour.

- 3.2 Education Coordinator's Report Please see Education Coordinator's Report that was included in the Annual Report
- 3.3 Report of the Nominations Committee Teresa Lambert submitted her resignation from the board in September 2020. This has left one spot open to the board. Madison Wright, Medicine Hat was nominated to the board on an interim basis in March 2021 and will let her name stand for nomination for a 3 year term. Heather motioned to nominate Madison for a 3 year term to the ASPSH Board of directors. Shaniff seconded the motion, all in favour, motion passed. Welcome to the board Madison!!

#### 4. Election of the Board of Directors

- Current Board Members: Heather motioned to reelect all current board members for 1 year term. Jenny seconded the motion, all in favour, Motion passed.

##### New Board Member

- Madison Wright, Medicine Hat, AB – Starting year 1

##### Continuing

- Emily Dawson – Edmonton, AB – Starting year 3
- Dr Eve Godin – Desert Blume, AB – Starting year 3
- Emily Diaczun – Calgary, AB – Starting year 3

##### Re-election (one year term)

- Dr. Shaniff Esmail – Edmonton, AB
- Heather Cobb – Calgary, AB
- Edward Sandberg – Vancouver, BC
- Dr Jenny Rand – Wolfville, N.S.
- Tracey Burnett – Camrose, AB
- Tammy Troute-Wood – Calgary, AB
- Jenise Finlay – Calgary, AB
- Dr Margaret Newbury-Jones, Kelowna, BC

#### 5. New Business

- Margaret thanked Heather, on behalf of the board, for all the hard work she has done this past year. For supporting and guiding our association through the unpredictable and often difficult times of Covid-19. Thank you Heather!

1. Adjournment Meeting adjourned at 5:32pm MST

## **PRESIDENT'S REPORT**

**- submitted by HEATHER COBB**

As I write this report we are looking forward to the upcoming 14<sup>th</sup> biennial conference which was postponed in 2020. We are excited and a little unsure about how presenting a hybrid conference will work. Taking on a new format to deliver the conference has kept ASPSH at the front of people's minds, showing that we can adapt and come together to support sexual health and wellness in Canada. If 2021 taught us anything it's that we need to continue to adapt and keep moving forward. A big thank you goes out to the Conference Committee for putting together an engaging and diverse program.

In 2021 ASPSH was pleased to team up with a good friend of ours, bk Chan from fluidexchange. We had been approached by members about the topic of digital wellness and how it relates to sexuality. ASPSH prides itself on responding to need so together with bk we offered a live online webinar 'Screen Problems: Fighting for Digital Wellness in Children and Youth'. This interactive session drew participants from health, education and academia from across Canada to discuss how the reliance on screen time during the global pandemic had both benefits and challenges.

The workshops this year continued to be offered by engaging and committed facilitators from multiple disciplines. It has been challenging to maintain online momentum during a time when it seems everyone is experiencing online fatigue but thanks to our Education Coordinator's creativity and strong relationships with facilitators and members, it was successful. Thank you Melanie for all you do for our small but mighty society.

The Board of Directors play a vital role both operationally and in terms of governance and ASPSH could not continue with its programming and support for the community without them. Our Directors are all volunteers and we appreciate them so much. Thank you for your dedication and hard work.

Heather Cobb



President, Alberta Society for the Promotion of Sexual Health

## EDUCATION COORDINATOR'S REPORT

- submitted by **MELANIE ANDERSON**

Our online workshops remain the base of our educational programming. The first part of our fiscal year, February - June, 2021 we saw increased numbers for every workshop. In total we had 146 participants for 8 workshops, averaging slightly more than 18 registrations per workshop. During the summer we offered 5 online workshops and again the numbers reflected an increase from past years with a total of 74 registrations averaging 15 per workshop. Starting in September we experienced a sharp decrease in numbers for our online workshops despite the fact our online workshop calendar featured more new and diverse topics and facilitators than ever before. We offered 6 workshops from September to January with 56 registrations averaging just over 9. We attributed this decline to online fatigue, perfectly understandable after 18 or more months of virtual meetings. We are hopeful that these numbers will increase once again with our 2022-23 calendar and as things move to a little more normalcy.

In total we offered 19 online workshops during the past fiscal year with a total attendance of 276. As mentioned we had a diverse range of topics, facilitators and participants from across Canada. My heartfelt gratitude to each facilitator for developing and facilitating the workshops and the professionalism each of them demonstrated in their facilitation of the workshop discussion. I am also very grateful for the workshop participants, many of whom participated in three or more workshops.

This past year we also offered a live webinar with ASPSH friend, Karen bk Chan. Her topic, '*Screen Problems: Fighting for Digital Wellness in Children and Youth*', was of particular interest to professionals, parents and students as the world of virtual learning and sharing became the norm during the pandemic.

My sincere thanks to the Board of Directors for their ongoing commitment to ensure ASPSH continues to provide our education program to health, social service and education professionals, parents, students and anyone interested in sexual health across Canada. Special thanks to our President, Heather Cobb, for being such a strong leader and always available to listen and strategize when challenges present themselves. Many thanks to the entire board for their active participation over these past months in the planning and organizing of our first hybrid conference, which in itself, presented many new challenges.

Melanie Anderson



Education Coordinator

## Kudos

Thank-you to the ASPSH Board of Directors for their continued commitment to ensure professionals, parents, students and anyone interested in sexual health have access to current, comprehensive, non-judgemental and diverse sexual health information and services through our education program. Special thanks to the Executive Members of the Board - Heather, Shaniff, Tracey, Emily who provided stellar leadership for our organization. Thank you to our Board Members who offered their support in so many important facets of our organization including the conference committee, social media committee, planning sessions and the board members who developed and facilitated online workshops. Thank you to Dr. Eve Godin and Madison Wright, two former board members who made a valuable contribution to the organization but left the board mid-term. Thank you also to our Education Coordinator Melanie for her long-standing commitment to ASPSH. Sincere gratitude is extended to our membership, both Organization and Individual members who through their membership ensure the continuation of our education programs. Special thanks to our online workshop facilitators and participants without whom we could not continue our programming. And last but not least, a sincere thank you to the organizations and conference sponsors that contributed financially and in-kind to ASPSH. We sincerely appreciate your support.

### **Supporters/Partners/Conference Sponsors - 2021-2022**

Alberta Gaming, Liquor and Cannabis Commission

University of Alberta, Rehabilitative Medicine Faculty, Occupational Therapy

Alberta Health Services, Sexual and Reproductive Health, Calgary

SIECCAN (Sex Information and Education Council of Canada)

The Travelling Tickle Trunk - Brenda Kerber

And the many conference speakers and attendees who allowed their 2020 conference fees be held in trust and deferred to the 2022 Conference

**Thank you!**