

ASPSH

Alberta Society for the Promotion of Sexual Health

12TH BIENNIAL WESTERN CANADIAN
CONFERENCE ON SEXUAL HEALTH

***CONSENSUAL SEXUAL EXPRESSION:
ASK, LISTEN AND RESPECT***
May 5 & 6, 2016

University of Calgary Downtown Campus
906 – 8th Ave. S.W., Calgary, Alberta

Conference Syllabus

ASPSH CONFERENCE COMMITTEE is GRATEFUL for the FINANCIAL SUPPORT and IN-KIND DONATIONS from:



CONSENSUAL SEXUAL EXPRESSION: ASK, LISTEN & RESPECT

Workshops - 3 hours Presentations - 90 minutes Research Papers - 45 minute papers

Conference Streams: YOUTH SEXUAL EXPRESSION SEXUAL COERCION SOCIAL MEDIA RESEARCH

ROOMS: EVENTS ROOM CLASSROOM #316 CLASSROOM #318 CLASSROOM #320 CLASSROOM #326

THURSDAY, MAY 5, 2016 - 9:00 – 10:30 AM in EVENT ROOM

KEYNOTE: JESSICA O'REILLY – STRATEGIC RESOURCE COLLABORATION AND CREATION

10:30 – 10:45 am – HEALTH BREAK (refreshments/snacks provided) in EVENT ROOM

THURSDAY, MAY 5, 2016 10:45 am – 12:15 pm

Session #	Title	Room	Presenter(s)	Lead Presenter Org	Stream
P 1	A Non-Victim Blaming Framework to Understand the Issue of Sexting and Non-Consensual Photo Sharing	316	Annette Klevgaard	Sexual Assault Centre of Edmonton, AB	SM

Description: This session will look at ways technology is being used to facilitate peer-on-peer sexual violence in the lives of youth and young adults, and how to teach and understand consent in the context of online sexual experimentation. In particular, this session will focus on providing a non-victim blaming framework through which to understand the issue of sexting and non-consensual photo sharing.

THURSDAY, MAY 5, 2016 10:45 am - 12:15 pm

Session #	Title	Room	Presenter(s)	Lead Presenter Org.	Stream
P 2	Breaking Up (with Rape Culture)	320	Derek Warwick	Compass Centre for Sexual Wellness – Edmonton, AB	SC

Description: In this presentation, participants will examine persistent myths about sexual assault and how they contribute to our rape culture and perpetrators' social license to operate, including how they've been established and what we can do to combat them. Participants can expect to gain a greater understanding of the challenges we face when addressing sexual assault, as well as knowledge about effective actions they can take to combat rape culture.

THURSDAY, MAY 5, 2016 10:45 am – 12:15 pm

Session #	Title	Room	Presenter(s)	Lead Presenter Org.	Stream
P 3	Trends in Teenage Sexual Behaviour, Condom Use and Contraception Use	326	Wendi Lokanc Diluzio	Sexual and Reproductive Health, Alberta Health Services, Calgary, AB	Y

Description: In this interactive presentation I will highlight statistics related to trends in teenage sexual behaviour, condom use and contraception use. Additionally, I will provide an overview of statistics on teen pregnancy and sexually transmitted infections (STI) in the South, Calgary, Central, Edmonton and North Zones.

THURSDAY, MAY 5, 2016 10:45 am – 12:15 pm

Session #	Title	Room	Presenter(s)	Lead Presenter Org.	Stream
P 5	Emotional Intelligence Crash Course for Sex Ed	Events	Karen BK Chan	Keynote Speaker	Y

Description: Are you *really* getting through to your audience? Does your sex ed content address the most powerful force behind human decisions... Feelings? In the effort to be neutral, informative, and positive, sometimes sex education becomes disengaged and stripped of its emotional relevance. But feelings motivate choice, and informed choice is our bread and butter. This crash course will help keep our work relevant, realistic, and honest. Using tools from emotional intelligence, we will specifically address topics in puberty, dating and breakups, sexual decision making, and consent. By the end of this session, you will be able to:

- Identify emotionally disengaged sex ed content and its pitfalls
- Incorporate vital emotional content into existing sex ed curricula

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12:15 – 1:15 pm - LUNCH (Provided) in EVENT ROOM

THURSDAY, May 5, 2016 1:15 pm – 2:45 pm					
Session #	Title	Room	Presenter(s)	Lead Presenter Org.	Stream
P17	Talking to Children & Youth with Disabilities About Boundaries and Consent	316	Heather Cobb	Sexual and Reproductive Health, Alberta Health Services, Calgary	Y
Description: No Workshop Description Available.					
THURSDAY, MAY 5, 2016 1:15 pm – 2:45 pm					
Session #	Title	Room	Presenter(s)	Lead Presenter Org.	Stream
W2	Helping Guys Be Wise	318	Blake Spence	Calgary Sexual Health Centre, AB	Y
Description: In this workshop you will increase your comfort and skill communicating with men and boys about masculinity. Participants will: <ul style="list-style-type: none"> • Understand the impact some notions of masculinity can have on male identified clients • Increase comfort and skill when addressing issues around gender and sexuality • Awareness around the influence popular culture and media can have on men • Tools and techniques for connecting and engaging in conversations around sex, consent and relationships with male identified clients • Taking part and learning interactive activities to engage male identified clients • Tips for cultivating a critical analysis on pornography and how to talk about it with male clients. 					
THURSDAY, MAY 5, 2016 1:15 pm – 2:45 pm					
Session #	Title	Room	Presenter(s)	Lead Presenter Org.	Stream
P6	Exploring Community Engagement Strategies for Effective Sexual Health Education	Events	Dorothea Service & Shannon Haskell	Durham Regional Health, Whitby, Ontario	Y
Description: This presentation will review the development of effective sexual health education and explore community engagement strategies. Participants will have the opportunity to reflect on current partnerships and education practice. Partnership opportunities for national collaborative evidence informed sexual health education will be explored.					
THURSDAY, MAY 5, 2016 1:15 pm – 2:45 pm					
Session #	Title	Room	Presenter(s)	Lead Presenter Org.	Stream
P7	Mifepristone – What Will It Mean for Canadian Women	326	Dawn Fowler & Celia Posyniak	National Abortion Federation, Victoria, BC	R
Description: Mifepristone or RU 486 has been approved by Health Canada. This is a new option for Canadian women but has been available since 1998 in western Europe for terminating an unplanned pregnancy. This presentation will review what is mifepristone and how it works.					

2:45 – 3:00 pm – HEALTH BREAK (refreshments/snacks provided) in EVENT ROOM

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THURSDAY, MAY 5, 2016 3:00 pm – 4:30 pm					
Session #	Title	Room	Presenter(s)	Lead Presenter Org.	Stream
P 4	Kinky Boots: The Psychology of Some Unusual Sexual Practices and Other Kink	316	Cory Hrushka and John Bown	Insight Psychological Edmonton, AB	SE
Description: An exploration of some unusual/uncommon sexual practices, including BDSM, power play, and other kink. We will discuss what these are from a cultural perspective, how some of these sexual behaviours can be healthy, and how to explore these expressions in a safe and beneficial way. The talk will include introductions to interesting cultural practices, clinical vs non-clinical sexual behaviours, and other kinky things."					
THURSDAY, MAY 5, 2016 3:00 pm – 4:30 pm					
Session #	Title	Room	Presenter(s)	Lead Presenter Org.	Stream
W 2 - Cont'd	Helping Guys be Wise: Male Sexual Health – Continued...	318	Blake Spence	Calgary Sexual Health Centre	Y
THURSDAY, MAY 5, 2016 3:00 pm – 4:30 pm					
Session #	Title	Room	Presenter(s)	Lead Presenter Org.	Stream
P8	The Disability Dilemma: Healthy Sexuality Expression vs Harm Reduction	Event	Dr. Shaniff Esmail & Becky Li	University of Alberta and ASPSH Board Member	SE
Description: Service providers and educators often encounter a dilemma when managing inappropriate sexual behaviours (ISB) among individuals with intellectual disabilities: how to address ISB without suppressing or limiting healthy sexual expression. Participants will learn to use a sex-positive framework when dealing with ISB and will understand the importance of facilitating appropriate sexual expression.					
THURSDAY, MAY 5, 2016 3:00 pm – 4:30 pm					
Session #	Title	Room	Presenter(s)	Lead Presenter Org.	Stream
P 9	When Survivors of Sexual Assault Need Time to Think: A Discussion on the Third Option and Consent in Trauma Informed Practice	326	Leanne Tombe and Marcy Harris	Calgary Sexual Assault Response Team (CSART), AB	SC
Description: Did you know that in Calgary, survivors of sexual assault can have forensic evidence processed and stored for up to one year? The trauma and emotional impact of sexual assault often leave victims feeling as if they have no control. The third option of collecting and storing evidence provides a compassionate choice. Learn more Calgary Sexual Assault Response Team (CSART) and the third option.					

5:30 PM - ASPSH ANNUAL GENERAL MEETING in Event Room

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FRIDAY, MAY 6, 2016 – 8:45 – 10:15 am in EVENT ROOM –

Keynote: KAREN BK CHAN: EMOTIONALLY INTELLIGENT CONSENT: BRIDGING THE GAP, BRAVING THE GREY

10:15 – 10:30 am – HEALTH BREAK (refreshments/snacks provided) in EVENT ROOM

FRIDAY, MAY 6, 2016 10:30 am - 12:00 pm					
Session #	Title	Room	Presenter(s)	Lead Presenter Org.	Stream
P10	Complicating Consent: Power, Identity and Asking	316	Kaleigh Trace	Venus Envy, Halifax, NS	SE
<p>Description: This session will explore the political context within which individuals practice consent and how this is often overlooked in current teachings of consent. We will interrogate step-by-step methodologies popularly used to teach consent, looking in particular at who is excluded in these narratives. We will aim to create alternative definitions of consent that include people’s complex, lived realities.</p>					
FRIDAY, MAY 6, 2016 10:30 am - 12:00 pm					
Session #	Title	Room	Presenter(s)	Lead Presenter Org.	Stream
P11	The Conversation Continues...	Event	Jessica O’Reilly	Keynote Speaker	Y
<p>Description: The conversation continues from the previous day’s keynote presentation.</p>					
FRIDAY, MAY 6, 2016 10:30 am - 12:00 pm					
Session #	Title	Room	Presenter(s)	Lead Presenter Org.	Stream
P12	Let’s Talk about Sex Therapy – Common Problems and Solutions	320	Jason Jones	Insight Psychological, Edmonton, AB	SE
<p>Description: This presentation will cover the therapeutic and educational approaches to a variety of sexual health problems, giving the audience a window into the sex therapist’s office. Whether you’re a sex therapist, sex educator, or sex aficionado, you can learn about the latest research and clinical techniques that are helping couples and individuals feel better about themselves, their partners, and their relationships.</p>					
FRIDAY, MAY 6, 2016 10:30 am - 12:00 pm					
Session #	Title	Room	Presenter(s)	Lead Presenter Org.	Stream
P13	Social Media: Changing the Way we Teach Sexuality Education	318	Cece Wiens	ASPSH – Board Member, Calgary, AB	SM
<p>Description: An in-depth look at how social media is sexually educating today’s youth and ways we can use social media in sex education. This presentation will focus on incorporating media literacy into sex education programs allowing youth to critically analyze and evaluate sexual content in social media therefore changing the way sexuality information and education is understood.</p>					

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FRIDAY, MAY 6, 2016 10:30 am – 11:15 pm

Session #	Title	Room	Presenter(s)	Lead Presenter Org.	Stream
R 1	Attitudes and Behaviours Surrounding Consent in a University Population	326	Erin Shumlich & Dr. William Fisher	University of Western Ontario	R

Description: Given the numerous programs targeted at increasing consent behaviours on campus, we need to have a better understanding of the level to which college students adhere to consent standards. The current study hopes to elicit attitudes and behaviours surrounding consent in a university population specifically we hope to determine differences between consent behaviours and perceived legal expectations of consent.

FRIDAY, MAY 6, 2016 11:15 am - 12:00 pm

Session #	Title	Room	Presenter(s)	Lead Presenter Org.	Stream
R 2	Education Strategies to Improve the Understanding of Consent and Lower Sexual Assault Cases on Post Secondary Campuses	326	Evelyn Field & Irene Shankar & Scharie Tacer	Mount Royal University, Calgary, AB	R

Description: Many post-secondary institutions are working on policies and processes for dealing with sexual assault, however, less emphasis is being placed on developing educational initiatives to prevent sexual assaults. We will discuss education strategies, based on our recent work that can be used to improve the understanding of consent and to lower sexual assault cases in post-secondary campuses.

12:00 – 1:00 pm – LUNCH (Provided) in EVENT ROOM

FRIDAY, MAY 6, 2016 1:00 pm – 2:30 pm

Session #	Title	Room	Presenter(s)	Lead Presenter Org.	Stream
W3	Impact of “Church Culture” on “Consent Culture”	316	Jillian Thompson	Calgary, AB	SC

Description: If society is going to support a “consent culture”, there needs to be a challenge to look deeper at the cultural norm in the dominant privileged voices in our society, including the Christina church. Join this workshop for a conversation that will examine our own biases, both conscious and subconscious, about the church and sexuality and share ideas on how to move a “church culture” to a “consent culture”.

FRIDAY, MAY 6, 2016 1:00 pm – 2:30 pm

Session #	Title	Room	Presenter(s)	Lead Presenter Org.	Stream
W4	Legal and Clinical Issues Surrounding Clients or Patients Who Practice some Form of BDSM or Kink	318	Edward Sandberg and Brenda Kerber	Private Practice, Vancouver and ASPSH Board Members	SE

Description: This workshop/presentation is designed to teach healthcare professionals and others interested in the topic some of the legal and clinical issues surrounding clients or patients who practice some form of BDSM or kink. The conversation will focus on how complex the issue of consent can be in this form of sexual activity and what the clinician must be aware of.

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FRIDAY, MAY 6, 2016 1:00 pm – 2:30 pm

Session #	Title	Room	Presenter(s)	Lead Presenter Org.	Stream
W5	Consent for Health Related Decisions: A Workshop About Capacity, Consent and Health Literacy	Event	Heather Cobb & Tammy Troute Wood	Sexual and Reproductive Health, Alberta Health Services, Calgary, AB	SE

Description: An estimated 60% of Canadians over the age of 16 years, lack the capacity to obtain, understand and act on health information and services. This interactive workshop will consist of a dialogue about capacity, mature minor and working with people with intellectual disability. Learn practical tools and strategies for creating effective written health information that is understandable, inclusive and sex-positive.

Note: This workshop including content, dialogue and materials are provided as general information only, and not for the purposes of providing legal or medical advice.

FRIDAY, MAY 6, 2016 1:00 pm – 2:30 pm

Session #	Title	Room	Presenter(s)	Lead Presenter Org.	Stream
P15	Strategies to Discuss Consent with Youth	326	Gabriela Hennig & Laura Shiels	Calgary Sexual Health Centre, AB	Y

Description: Components of this presentation include: a brief description of the laws around consent while focusing on concepts and language that connect with youth; the importance of teaching consent beginning at a young age and how to scaffold these conversations to create a respectful understanding of personal boundaries as youth get older; and a decision making tool called Head, Heart, Body that explores the many levels involved in determining sexual readiness and how youth can make healthy sexual decisions within their relationships. By the end of this presentation, professionals will have the tools to validate youth in their questions and concerns, and feel more comfortable discussing consent with youth using language that engages them in a meaningful way.

2:30 – 2:45 pm – HEALTH BREAK (refreshments/snacks provided) in EVENT ROOM

FRIDAY, MAY 6, 2014 2:45 pm – 4:15 pm

Session #	Title	Room	Presenter(s)	Presenter Position & Org.	Stream
W3 – Cont'd	Impact of 'Church Consent' on 'Consent Culture'- Continued...	316	Jillian Thompson	Calgary, AB	SC

FRIDAY, MAY 6, 2016 2:45 pm – 4:15 pm

Session #	Title	Room	Presenter(s)	Presenter Position & Org.	Stream
W4 – Cont'd	Legal and Clinical Issues Surrounding Clients or Patients Who Practice some Form of BDSM or Kink – Continued....	318	Edward Sandberg & Brenda Kerber	Private Practice, Vancouver and ASPSH Board Members	SE

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FRIDAY, MAY 6, 2016 2:45 pm 4:15 pm					
Session #	Title	Room	Presenter(s)	Lead Presenter Org.	Stream
W5 – Cont'd	Consent for Health Related Decisions: A Workshop About Capacity and Health Literacy - Continued....	Event	Heather Cobb & Tammy Troute Wood	Sexual and Reproductive Health, Alberta Health Services, Calgary, AB	SE
FRIDAY, MAY 6, 2016 2:45 pm – 4:15 pm					
Session #	Title	Room	Presenter(s)	Lead Presenter Org.	Stream
P16	Educating for Action: Exploring and Applying Sexual Expression and Consent Theory to our Roles as Service Providers	320	Gina MacKay	SERC – Sexuality Education Resource Centre, Winnipeg, Man.	Y
<p>Description: In our roles as service providers, our comfort levels and experiences with our own sexuality can be closely linked to the way we educate about sexual expression and consent. What we include in our programming, how we model healthy relationships, and how consent theory applies to the way we educate, is key to creating safer spaces in our workplaces. This workshop will explore our roles as mentors for creating inclusive and safer spaces, and will empower participants to develop a tool kit for change. <i>Educating for Action!</i> is a fresh approach to putting theory into action!</p>					

4:15 – 4:30 pm - CLOSING REMARKS in EVENT ROOM

NOTES: